



THE
SPA

THE NAM HAI

HOI AN, VIETNAM

**A HAVEN OF SERENITY...
WELCOME TO THE SPA**

The Spa at The Nam Hai opens the door to an intimate world dedicated to the restoration of strength, beauty, and balance of the body, mind and soul following ancient healing traditions of the East.

Experience our offerings which include stimulating body polishes, nurturing envelopments, romantic bathing ceremonies, rejuvenating beauty rituals and therapeutic massages; all designed to pamper and restore vitality.

Hours of service 10:00am to 10:00pm



INDULGENT ORIENTAL RITUALS

At The Spa you can choose from an extensive variety of health and beauty enhancing rituals based on the holistic principles of aromatherapy, ayurveda and herbalism combining ancient wisdom with modern expertise. Embracing Eastern philosophy, Spa Rituals at The Nam Hai originate from the healing traditions of far away places like exotic Bali, spiritual India and the sacred land of Tibet.

ULTIMATE IN LUXURY

Revive your senses and satisfy your soul with a nurturing spa ritual in the total privacy of The Nam Hai exclusive Spa Villas featuring private facilities for the ultimate spa experience.

INDIVIDUAL EXPERIENCE

Create your own personalized spa ritual by combining treatments from a tantalizing selection of Holistic Beauty and Body Elixirs.

Beauty Refining Facials

Holistic pure botanical ingredients are combined with techniques based on ancient healing traditions in our Traditions D'Orient Organic and Ayurvedic inspired Sundari Facials.

Reviving Body Polish

Refine and purify your skin with one of our stimulating body polish rituals. Try the Himalayan Crystal , Ayurvedic, Omega 3 or Oriental Body Polish, all complete with an application of body lotion to hydrate and protect your skin.



Therapeutic Massage

Restore balance and vitality with a nurturing massage. Choose from Ayurvedic Abhyanga, Ancient Balinese, Traditional Vietnamese, Himalayan Hot Stone or our indulgent Chedi Jade Massage with two therapists working in synchronization. All include an Aromatherapy Foot Polish and a choice of signature massage oils exclusive to The Spa.

Purifying Envelopment

Luxuriate in a warm cocooning envelopment including a full body exfoliation. Choose from The Ayurvedic Healing Envelopment, Omega 3 Supplifying or the Arabian Rhassoul Envelopment.

Romantic Bathing Ceremonies

Indulge in one of our exotic bathing ceremonies. Choose from the Balinese, Arabian, Oriental or Tibetan Bathing Ceremony for a cultural experience. Or try our Love Bath designed especially for lovers including Love Potion Bath Oil, Champagne and Canapes.



HOLISTIC BEAUTY RITUALS

The Nam Hai Spa philosophy, adhering to an essential holistic approach that beauty is more than skin deep, dictates our choice of products, treatments and applications.

Healing touch and pure active botanicals are combined to enhance natural beauty from within. Deep relaxation promotes harmony of mind, body and soul resulting in a radiant sense of well being.



HOURS OF SERVICE

Spa: 10.00am – 10.00pm
Dial Extension Number 7700 for
reservations and enquiries.

Prices are in USD and are subject to 5% service charge and 10% government tax. An additional 30% consumption tax is charged on massage services only. Prices are subject to change without notice..

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